

PRODUCT INFO

IT WORKS! CLEANSE

(4 X 118ML BOTTLES) 472ML

Cleanse yourself of that sluggish feeling with It Works! Cleanse! It's a gentle, yet effective two-day cleanse that will help you replenish, reboot, and restore** your body and your digestive health.* Created with plant-based nutrients, Aloe Vera, Chicory Inulin, Vitamin B6, Magnesium, and now Apple Cider Vinegar, you'll feel cleansed, a little lighter*, and totally back on track.

Features and Benefits:

- New and improved formula with Apple Cider Vinegar
- Cleanses quickly, gently, and effectively
- Restores** and reboots your digestive health*
- Replenishes your body with vitamins, minerals, and nutrients



SKU EU32602

Nutrition Facts / Valeurs nutritionnelles / Información nutricional / Nährwertinformation / Ravintotiedot / Næringsindhold / Næringsinholdsinformasjon / Voedingsinformatie / Näringsinnehåll	Per 100ml / Pour 100ml / Por 100ml / Pr. 100ml	Per (2 bottles) / Pour (2 bouteilles) / Por (2 botellas) / Pro (2 Flaschen) / Per (2 flasker) / Pr. (2 flasjes) / Per (2 flaskor)	*NRV% / VNR% / NBW% / VNSVA% / RI% / ADH%
Energy / Énergie / Energia / Brennwert / Energia / Energi / Energie	41kcal/ 171 kJ	96 kcal/ 404 kJ	
Protein / Protéines / Proteínas / Eiweiß / Proteiinia / Eiwitzen / Proteine	0.05 g	0.12 g	
Fat / Matières grasses / Grasas / Fett / Rasvaa / Fett / Vetten	1.3 g	3.0 g	
Of Which Saturates / Dont grasses saturées / De las cuales saturadas / davon gesättigte Fettsäuren / josta tyydyttyneitä rasvoja / Heraf mættede fedtsyrer / hvorav mættede fettsyrer / Waarvan verzadigd / varav mättat	0.1 g	0.2 g	
Carbohydrates / Glucides / Hidratos de carbono / Kohlenhydrate / Hiilihydraattit / Kulhydrater / Karbohydrater / Koolhydraten / Kohhydrater	2.0 g	4.8 g	
Of which Sugars / dont sucres / de los cuales azúcares / davon Zucker / josta sokerita / heraf sukkerarter / hvorav sukkerarter / waarvan suikers / varav sockerarter	2.0 g	4.8 g	
Fiber / Fibre / Fibra / Ballaststoffe / Kuitua / vezel	5.8 g	13.6 g	
Salt / Sel / Sal / Suola / Zout	0.1 g	0.25 g	
Vitamin B6 / Vitamine B6/ Vitamina B6/ B6-vitamiini	1.27 mg	3 mg	214%
Magnesium / Magnésium / Magnesio	85 mg	200 mg	53%
Aloe vera leaf gel / Gel de feuille d'aloë vera / Gel de hoja de aloe vera / Aloe-Vera-Blattgel / Lääkealoelehtigeeli / Aloe vera bladgel / Aloe Vera bladgelé / Aloë vera bladgel / Gel från Aloe Vera-blad	7g	16g	
Chicory Inulin / Inuline de chicorée / Inulina de achicoria / Zichorien-inulin / Sikurin inuliini / Cikoriainulin / Sikorinulin / Cichorei-inuline / Cikoriainulin	5g	12g	

*NRV = Nutrition reference values / *VNR = valeurs nutritionnelles de référence / *VNR = Valores nutricionales de referencia / *NBW = Nährstoffbezugswerte / *NSVA = vuorokautisen saanti / *RI = referensinntag for en voksen gjennomsnittsperson (8400 kJ/2000 kcal) / *RI = referansenntak for en voksen gjennomsnittsperson (8400 kJ/2000 kcal) / ADH = aanbevolen dagelijkse hoeveelheid / *RI = referensinntag for en gjennomsnittlig vuxen (8400 kJ/2000 kcal)

SUGGESTED USE

Adults drink one bottle (118 ml) prior to your morning meal, and another one bottle before dinner for two consecutive days. Shake well before use. Drink at least eight glasses of water daily.

Warning: Do not exceed the recommended daily dose. Keep out of reach of young children. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Not recommended for children, adolescents, pregnant or breastfeeding women. Protect from heat, light and moisture. Store at room temperature. Do not use if seal is broken or missing.

Ingredients: Water, Aloe vera leaf gel 7% (Aloe barbadensis), native Chicory inulin 6% (Cichorium intybus L.), Lemon juice concentrate 3% (Citrus limon), Acidity regulator (Citric acid), Magnesium citrate, Preservatives (Potassium sorbate, Sodium benzoate), Potassium citrate, Beetroot Extract (Beta vulgaris L.), Cranberry Extract (Vaccinium macrocarpon), Stabiliser (Phosphates), Natural Flavourings, Apple Cider Vinegar 0.1% (Malus domestica), Gingerroot Extract 0.1% (Zingiber officinale), Sweetener (Steviol glycosides), natural Ginger Flavouring, Emulsifier (Xanthan gum), Pineapple (Ananas comosus), Apple (Malus domestica), Green tea 0.01% (Matcha leaf and Green tea Extract, Camellia sinensis L.), Blueberry (Vaccinium myrtillus L.), Orange (Citrus sinensis), Cherry (Prunus avium), Pyridoxine hydrochloride, Grapefruit (Citrus maxima), Plum (Prunus domestica L.), natural Pepper Flavouring, Pear (Pyrus communis L.), Peach (Prunus persica), Papaya (Carica papaya L.), Grape (Vitis vinifera L.), Lemon (Citrus limon), Raspberry (Rubus idaeus L.), Strawberry (Fragaria viridis L.), Watermelon (Citrullus lanatus), Lime (Citrus aurantifolia), Spirulina (Spirulina platensis).



*Chicory inulin contributes to normal bowel function by increasing stool frequency. A daily intake of 12g is required to get the beneficial effect
**Magnesium contributes to electrolyte balance

Do not exceed the recommended daily dose. Keep out of reach of young children. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Not recommended for children, adolescents, pregnant or breastfeeding women.

EU pis-cleanse-eu-en-002

IT WORKS! CLEANSE

FREQUENTLY ASKED QUESTIONS

When and how should I use It Works! Cleanse?

It Works! Cleanse is a gentle, yet effective two-day herbal cleanse. Adults drink one bottle (118 ml) prior to your morning meal, and another one bottle before dinner for two consecutive days. Shake well before use. Drink at least eight glasses of water daily.

What are some of the key ingredients in It Works! Cleanse?

It Works! Cleanse includes:

- **Aloe Vera Leaf** – Micronutrients found in Aloe Vera provide support to help you feel your best
- **Chicory Inulin** – Chicory inulin contributes to normal bowel function by increasing stool frequency*
- **Magnesium** – Contributes to electrolyte balance
- **Vitamin B6** – Contributes to the reduction of tiredness and fatigue
- **Apple Cider Vinegar, Ginger, Lemon and Green Tea** – Array of ingredients that make up the effective cleansing blend

How should I eat while using It Works! Cleanse?

It Works! Cleanse is most effective when it's supported with a healthy diet. We advise drinking plenty of water—at least eight glasses per day—and eat light, fresh, unprocessed, healthy foods such as leafy vegetables, fruits, and whole grain fibre.

Does It Works! Cleanse contain gluten?

It Works! Cleanse is formulated with only gluten-free ingredients. It is not currently tested to detect gluten that may or may not be introduced during the manufacturing process.

Can I give It Works! Cleanse to my children?

No, It Works! Cleanse is recommended only for adults 18 years and older.

Can I use It Works! Cleanse if I am pregnant, nursing, or have ongoing medical conditions?

It Works! Cleanse is not recommended for children, adolescents, or pregnant or breastfeeding women. We suggest that you consult your physician prior to using any of our products if you are taking medication or have any ongoing medical conditions.