

PRODUCT INFO

HAIR SKIN NAILS BEAUTIFYING SUPPLEMENT WITH BIOTIN

60 Capsules

Worried about dull skin, brittle hair, or weak nails? Add Hair Skin Nails to your beauty routine and allow a combination of powerful ingredients to maintain and enhance radiant skin, glossy hair, and strong nails—from the inside out.

Features and Benefits:

- Biotin and Selenium support healthy hair growth, strong nails, and radiant skin*
- Vitamin C contributes to normal collagen formulation and protects cells from oxidative stress**
- Copper contributes to normal hair and skin pigmentation***



SKU EU3320

Nutrition Facts / Valeurs nutritionnelles / Información nutricional / Nährwertinformation / Indhold per daglig dosis / Voedingsinformatie / Innehåll per daglig dos

	Per 2 Capsules / Pour 2 Gélules / Por cada 2 Cápsulas / Pro 2 Kapseln / Pr. 2 Kapsler / Per twee Capsules / Per 2 Kapslar	% NRV* / VNR* / NBW* / RI* / ADH*
Vitamin C / Vitamine C / Vitamina C	180 mg	225%
Vitamin E / Vitamine E / Vitamina E	21 mg α-TE	175%
Vitamin B6 / Vitamine B6 / Vitamina B6	2 mg	143%
Biotin / Biotine / Biotina	450 µg	900%
Pantothenic acid / Acide pantothénique / Ácido pantoténico / Pantothenäure / Pantothenyre / Pantotheenzuur / Pantotensyra	8 mg	133%
Calcium / Calcio / Kalcium	126 mg	16%
Zinc / Zink / Zinco	5 mg	50%
Selenium / Selenio / Selen	45 µg	82%
Manganese / Manganèse / Manganeso / Mangan / Mangaan	1 mg	50%
Copper / Cuivre / cobre / Kupfer / Kobber / Koper / Koppar	150 µg	15%
Astaxanthin / Astaxanthine / Astaxantina / Astaksantiini / Astaxantin	25 µg	
Gotu kola leaf extract / Extrait de Feuille d'Hydrocotyle d'Asie/ Extracto de centella asiática / Wasse-mabel-Blattextrakt / Bladextrakt af Gotu Kola / Gotu Kola Bladextrakt / Sallatspikbladsextrakt	60 mg	
Amla fruit extract / Extrait de fruit d'amlá / Extracto de fruto de emblica / Amlafruchtextrakt / Bærekstrakt af Amlá / Bäreextrakt av Amalaki (Indiska krusbär)	30 mg	
Grape seed extract / Poudre de Pépins de Raisin / Semillas de Uva en Polvo / Traubenkernpulver / Vindrukekememel / Druivenpitpoeder / Druvkämmjöl	25 mg	
Horsetail extract / Extrait de préle de champs / Extracto de cola de caballo / Ackerschachtelhalmextrakt / Stilk-ekstrakt af Agerpadderok / Heermoes extract / Stjälk-extrakt av åkerfräken	14mg	

*NRV = Nutrition reference values / *VNR = valeurs nutritionnelles de référence / *NVR = Valores nutricionales de referencia / *NBW = Nährstoffbezugswerte / *RI = referenciedag for en voksen gennemsnitsperson (8400 kJ/2000 kcal) / *RI = referensintag for en gennemsnittig vuxen (8400 kJ/2000 kcal) / *ADH = anbefolten dagelike hoeveelheid

Ingredients: Bulking Agent (Microcrystalline Cellulose), Calcium Carbonate, L-Ascorbic Acid, Capsule Shell (Hydroxypropylmethyl cellulose, Carrot Concentrate), Gotu Kola Leaf Extract (Centella asiatica L.), AntiCaking Agents (Silicon Dioxide, Magnesium Stearate), D-α-Tocopheryl Acid Succinate, Amla Fruit Extract (Phyllanthus emblica L.), Grape Seed Extract (Vitis vinifera L.), Zinc Citrate, Horsetail Stem Extract (Equisetum arvense L.), L-Selenomethionine, Manganese Gluconate, Calcium D-Pantothenate, Kombu Kelp Extract (Laminaria japonica), Pyridoxine Hydrochloride, Copper Gluconate, Astaxanthin, Olive Leaf Extract (Olea europaea L.), Melon Fruit Juice Concentrate (Curcumis melo L.), D-Biotin

SUGGESTED USE

To boost your beauty regime and the look of your hair, skin and nails, take two capsules daily with a meal.

Warning: Do not use if seal is broken or missing. Do not exceed the recommended daily dose. Keep out of reach of young children. Food supplements are not substitutes for a varied and balanced diet and a healthy lifestyle. Store in a cool place. Not recommended for children, adolescents, or pregnant or breastfeeding women.



*Biotin and Selenium contribute to the maintenance of normal hair, skin, and nails.
**Vitamin C contributes to normal collagen formation for the normal function of skin.
***Copper contributes to normal hair and skin pigmentation.
Individual results can and will vary.

HAIR SKIN NAILS

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FREQUENTLY ASKED QUESTIONS

When and how should I take Hair Skin Nails?

To achieve the best results, take two Hair Skin Nails capsules every day with food. Adding Hair Skin Nails to your morning skincare routine is a simple way to gain confidence from the inside out.

What are some of the key, active ingredients in Hair Skin Nails?

Some of the most important ingredients in Hair Skin Nails include:

- **Biotin and Selenium** – For healthy hair growth, strong nails, and glowing skin*
- **Vitamin C** – Contributes to normal collagen formulation for the normal function of skin**
- **Copper** – Contributes to normal hair and skin pigmentation***
- **Selenium** – Contributes to the protection of cells from oxidative stress****

Is Hair Skin Nails skincare or a supplement?

Hair Skin Nails is both a supplement and an essential addition to your skincare routine. By taking two capsules a day, you can maintain and enhance radiant skin, glossy hair, and strong nails. Hair Skin Nails should be used each morning for radiant nutrition that begins on the inside—then, combine it with the complete It Works! skincare collection to help nourish, cleanse, firm, and protect your skin from the outside, too.

What are the benefits of regularly taking Hair Skin Nails?

Including Hair Skin Nails in your routine and lifestyle helps you maintain and enhance radiant skin, glossy hair, and strong nails. The formula also protects cells from oxidative stress. It's a simple way to incorporate nutrition into your beauty routine.

How does Hair Skin Nails work?

This powerful formula includes Biotin, Copper, Selenium, plant-based extracts, Zinc, Vitamin C, and Manganese, to nourish from the inside out. The essential vitamins and minerals found in Hair Skin Nails are important for maintaining healthy hair growth and strengthening your nails.