

PRODUCT INFO

SKNY BREW

LOW-FAT, LOW-CALORIE COFFEE BLEND

15 (6 g) Single Serve Packets

Want to wake up and accelerate your metabolism for the day? Replace your morning coffee with SKNY Brew, a powerhouse coffee like no other! It's a premium, roasted coffee blend that's fortified with vitamins to help you boost your metabolism*, support your mental performance, and reduce the feeling of tiredness and fatigue**—all from your coffee cup.

Features and Benefits:

- Includes five, natural sources of caffeine: Roasted Coffee Blend, Green Tea, Green Coffee Bean, Guarana, and Yerba Mate
- Supports mental performance and reduces tiredness and fatigue**
- Energising coffee that helps you to fire up your metabolism*



SKU EU33502

Nutrition Information / Valeur nutritive / Información nutricional / Nährwertangaben / Voedingsinformatie / Næringsindhold / Ravintoarvot / Näringsvärdesinformation / Næringsinnhold		
Serving Size: 1 packet (6g) / Un sachet équivalent à : (6g) / Ración: 1 sobre (6g) / Portionsgröße: 1 (6g) / Portie: 1 (6g) / Portionsstørrelse: 1 (6g) / Annoskoko: 1 (6g) / Portionsstorlek: 1 (6g) / Porsjonsstørrelse: 1 (6g)		
Servings Per Container: 15 / Sachets par boîte : 15 / Raciones por caja: 15 / Dosi per confezione: 15 / Aantal porties per bus: 15 / Portioner pr beholder: 15 / 1 pussi sisältää 15 annosta / Portioner per behållare: 15 / Porsjoner per boks: 15		
	Per 100g / Pour 100g / Por 100g / Pro 100g / Pr 100g / 100g	Per 6g / Pour 6g / Por 6g / Pro 6g / Pr 6g / 6g
Energy / Énergie / Energia / Brennwert/Energia / Energie / Energi	297kcal / 1242kJ	18kcal / 67kJ
Fat / Matières grasses / Grasas / Fett/Rasva / Fedt / Vetten	0.6g	0g
Of which saturates / Dont graisses saturées / De las cuales saturadas / davon gesättigte Fettsäuren / josta tydyttyneitä rasvoja / Heraf mættede fedtsyrer / hvorav mættede fettsyrer / Waarvan verzadigd / varav mättat	0g	0g
Carbohydrates / Glucides / Hidratos de carbono / Kohlenhydrate / Hiilihydraatteja / Kulhydrater / Karbohydrater / Koolhydraten / Kolhydrater	51g	3g
Of which Sugars / dont sucres / de los cuales azúcares / davon Zucker / josta sokerita / heraf sukkerarter / hvorav sukkerarter / waarvan suikers / varav sockerarter	2.5g	0.2g
Protein / Protéines / Proteínas / Eiweiß / Proteiinia / Eiwitten / Proteïne	11g	0.6g
Salt / Sel / Sal / Salz / Suola / Zout	0.15g	0.009g
Niacin / Niacine / Niacina / Niasiini / Niacine	133 mg	8.0mg (50%NRV)
Pantothenic Acid / Acide pantothénique / Ácido pantoténico / Pantothenensäure / Pantoteenihapo / Pantothenisyre / Pantothenzyre / Pantoteenzuur / Pantotensyra	50mg	3.0mg (50% NRV)
EGCG / Epigallocatequina/ E GCG (Epigallocatechingallat) / Epigallocatekingallaatti / Epigallocatechingallat / Epigallocatekingallat (EGCG)	1500mg	90mg

*NRV = Nutrition reference values / VNR = valeurs nutritionnelles de référence / *VNR = Valores nutricionales de referencia / *NBW = Nährstoffbezugswerte / *VSVA = vuorokautisen saanti / *RI = referanseinntak for en voksen gjennomsnittsperson (8400 kJ/2000 kcal) / *RI = referanseinntag for en voksen gjennomsnittsperson (8400 kJ/2000 kcal) / ADH = aanbevolen dagelijkse hoeveelheid / *RI = referensintag för en genomsnittlig vuxen (8400 kJ/2000 kcal)

SUGGESTED USE

Mix one packet with 250 ml of hot or cold water. Enjoy one serving per day.

Warning: Contains caffeine (32mg / 100 ml). Not recommended for children or pregnant women. A daily intake of 400 mg of caffeine from all sources should not be exceeded. A varied, balanced diet and a healthy lifestyle is important. Protect from heat, light and moisture. Store at room temperature. Do not use if seal is broken or missing.

Ingredients: Coffee Robusta extract (35%, India), Chicory inulin, decaffeinated Coffee Arabica extract (15%, Columbia), thickener (Guar gum), Green tea leaf extract 5% (Camellia sinensis), anti-caking agent (Silicon dioxide), natural flavouring, Panax ginseng root extract, Ginkgo biloba leaf extract, Nicotinamide, Guarana seed extract 0.1% (Paullinia cupana), Yerba mate leaf extract 0.1% (Ilex paraguariensis), Green coffee Arabica extract 0.1%, Calcium pantothenate.



*Niacin (Vitamin B3) and Pantothenic acid (Vitamin B5) contribute to a normal, energy-yielding metabolism
 **Pantothenic acid (Vitamin B5) contributes to normal mental performance and the reduction of tiredness and fatigue
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FREQUENTLY ASKED QUESTIONS

When and how should I drink SKNY Brew?

Mix one packet of SKNY Brew into hot or cold water per day for smooth, black coffee that's both instantly blended and delicious. We recommend drinking SKNY Brew as part of your morning routine, or anytime you need a powerful pick-me-up.*/**

What does SKNY Brew stand for?

SKNY Brew stands for:

Supports mental performance and the reduction of tiredness and fatigue

Kickstarts your metabolism with vitamins, including Vitamin B3 and Vitamin B5

Natural sources of caffeine for improved alertness and concentration

Yerba Mate, Guarana, Green Tea, Green Coffee Bean, and Roast Instant Coffee

Why should I drink SKNY Brew?

SKNY Brew is a powerful coffee that's packed with perks! By sipping SKNY Brew instead of regular coffee, you'll support your metabolism*, mental performance, and reduce tiredness and fatigue.** It's also low in fat and has just 3g carbs, making it perfect if you're intermittent fasting or living a keto lifestyle, too!

What are some of the key, active ingredients in SKNY Brew?

Some of the key ingredients include:

- **Caffeine** – Helps to improve alertness and concentration
- **Five plant-based sources of Caffeine** – Roast Instant Coffee, Green Tea, Green Coffee Bean, Guarana, and Yerba Mate
- **EGCG** – A unique polyphenol and an active ingredient in Green Tea that works as an antioxidant and supports metabolism
- **Vitamin B3 and B5** – Contribute to a boosted metabolism and Vitamin B5 supports mental performance

Does SKNY Brew contain gluten?

SKNY Brew is formulated with only gluten-free ingredients. It is not currently tested for gluten that may or may not be introduced during the manufacturing process.

Can I give SKNY Brew to my children?

SKNY Brew is recommended only for adults ages 18 years or older.

Can I drink SKNY Brew if I am pregnant, nursing, or have a medical condition?

Do not drink SKNY Brew if you are pregnant, nursing, or have a medical condition.



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