

IT WORKS! SUPER REDS

VITAMINS – ANTIOXIDANTS – SUPERFOODS

30 (6 g) Single Serve Packets

Live life in full colour when you sip this nutritional powerhouse of 20 nutrient-dense fruits, berries, and superfoods sourced from around the world. Broad spectrum antioxidants** help to support your body, while other key vitamins work to support a healthy immune system.* In just one serving, this vibrant mixture of reds, blues, and violets help to boost your daily supply of vitamins, so you can continue living life to the fullest.

Features and Benefits:

- Provides 20 exotic, nutrient-dense superfoods, as well as Vitamins A, B2, C, D, and E
- Boosts your daily supply of essential vitamins, and helps support your healthy immune system*
- Includes richly pigmented, health-boosting vitamins, antioxidants
- Comes in a sweet and delicious wild cherry flavour with only 0.5g of naturally occurring sugar



Nutrition Facts / Valeurs nutritionnelles / Información nutricional / Nährwertinformation / Ravintotieto / Næringsindhold / Næringsinholdsinformasjon / Voedingsinformatie / Näringsinnehåll	Per 100 g / Pour 100 g / Por 100 g / Pro 100 g / Pr 100 g / 100 g	Per 6 g / Pour 6 g / Por 6 g / Pro 6 g / Pr 6 g / 6 g	% NRV* / VNR* / NBW* / VSWA* / RI* / ADH* per 6g serving
Energy Calories / Energie / Energia / Brennwert / Valore energetico / Energi / Energia	373 kcal / 138 kJ	22 kcal / 95 kJ	
Protein / Protéine / Proteínas / Eiweiß / Proteine / Proteine / Proteini	1.1 g	0.07 g	
Fat / Matières grasses dont / Grasas / Fett / Grassi / Vetten / Fedt / Rasva	0.6 g	0.04 g	
Of which saturates / acides gras saturés / De las cuales saturadas / davon gesättigte Fettsäuren / Waarvan verzadigd / Heraf mættede fedtsyrer / josta hydytynneitä rasvoja / varav mättat / hvorav mættede fettsyrer	0.1 g	0.01 g	
Carbohydrates / Glucides dont / Hidratos de carbono / Kohlenhydrate / Koolhydraten / Kulhydrater / Hillhydraatit / Kolhydrater / Karbohydrater	94.5 g	5.7 g	
Of which sugars / sucres / De los cuales azúcares / davon Zucker / Waarvan suikers / Heraf sukkerarter / josta sokereita / varav socker/ hvorav sukkerarter	8.5 g	0.5 g	
Fibre / Fibre / Fibra / Ballaststoffe / Kuitua / fibre / fiber / vezel / fiber	6.1 g	0.37 g	
Salt / Sel / Sal / Salz / Sale / Zout / Suola	0.30 g	0.02g	
Vitamin A / Vitamine A / Vitamina A / A-vitamiini	3333 µg	200 µg	25%
Vitamin C / Vitamine C / Vitamina C / C-vitamiini	1333 mg	80 mg	100%
Vitamin E / Vitamine E / Vitamina E / E-vitamiini	50 mg α-TE	3 mg α-TE	25%
Vitamin D / Vitamine D / Vitamina D / D-vitamiini	3320 iu / 83 µg	200 iu / 5 µg	100%
Riboflavin / Riboflavine	23 mg	1.4 mg	100%
Vitamin B12 / Vitamine B12 / Vitamina B12 / B12-vitamiini	6.25 µg	0.37 µg	15%
Astaxanthin / Astaxanthine / Astaxantina / Astaksantiini / Astaxantin		0.1 mg	

*NRV = Nutrition reference values / *VNR = valeurs nutritionnelles de référence / *VNR = Valores nutricionales de referencia / *NBW = Nährstoffbezugswerte / *VSWA = vuorokautisen saanti / *RI = referenciedag for en voksen gennemsnittsperson (8400 kJ/2000 kcal) / *RI = referanseinntak for en voksen gjennomsnittsperson (8400 kJ/2000 kcal) / *RI = referensintag för en genomsnittlig vuxen (8400 kJ/2000 kcal) / *ADH = anbefolene daglige hoeveelheder

SUGGESTED USE

For an added boost, mix one 6 g packet of It Works! Super Reds into 250ml of water per day.

Warning: Do not exceed the recommended daily dose. Keep out of reach of young children. Food supplements are not substitutes for a varied and balanced diet and a healthy lifestyle. Not recommended for children, adolescents, or pregnant or breastfeeding women. Protect from heat, light and moisture. Store at room temperature. Do not use if seal is broken or missing.

Ingredient: Strawberry Fruit 13.5% (Fragaria vesca L), Cranberry (Vaccinium macrocarpon), Acai Berry Extract 10% (Euterpe oleracea), Acids (Malic Acid, Citric Acid), Tomato (Solanum lycopersicum L), Apple (Malus domestica), Amla Fruit (Phyllanthus emblica L), Goji Berry Extract 5% (Lycium barbarum L), Natural Flavouring, Blackcurrant 4.2% (Ribes nigrum L), Carrot (Daucus carota L), Grapefruit Juice (Citrus paradisi), Sweet Orange Fruit Extract (Citrus sinensis L), Pomegranate Seed Extract 3.3% (Punica granatum L), Beetroot Juice 3.3% (Beta vulgaris L), Raspberry Fruit Extract (Rubus idaeus L), Ascorbic Acid, Grape Seed Extract (Vitis vinifera L), Strawberry Juice (Fragaria vesca L), Strawberry Pulp (Fragaria vesca L), Sweetener (Steviol Glycosides), Thickener (Xanthan Gum), Marigold Extract (Tagetes erecta L, contains lutein), Bilberry Extract (Vaccinium myrtillus), Astaxanthin 0.1%, D-Alpha-Tocopheryl Acid Succinate, Retinyl Acetate, Cholecalciferol, Riboflavin, Cyanocobalamin.



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*Vitamin A, C, D and E contribute to the normal function of the immune system

**Vitamin C and E contributes to the protection of cells from oxidative stress

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FREQUENTLY ASKED QUESTIONS

How and when should I use It Works! Super Reds?

Use It Works! Super Reds daily to incorporate vitamins, antioxidants**, and 20 powerful superfoods into your routine. Oozing with benefits from vitamins, It Works! Super Reds contains richly pigmented fruits, berries, and superfoods. Simply mix one single-serve packet into 250 ml of water to support and maintain a healthy immune system* and protect your body against oxidative stress.** In just one serving, this vibrant mixture of reds, blues, and violets help to boost your daily supply of vitamins.

Why should I use It Works! Super Reds?

It Works! Super Reds contains a nutritional powerhouse of 20 fruits, berries, and superfoods. The formula includes Vitamins A, C, D, and E to support your immune system* and provide health-boosting vitamins that support your body.

What are some key ingredients in It Works! Super Reds?

This nutritional powerhouse offers an array of exotic ingredients from around the world:

- 20 exotic, nutrient-dense superfoods including: Acai Berry, Goji Berry, Strawberry, Beetroot, and more
- Vitamins A, B2, C, D, and E
- Antioxidants

Can It Works! Super Reds be used together with It Works! Super Greens?

Yes, It Works! Super Reds and It Works! Super Greens are designed to work together as a superfood system that delivers exotic, nutritious ingredients to reinforce good health. It Works! Super Greens provides the body with many fundamental minerals and nutrients such as magnesium, potassium, and calcium, while It Works! Super Reds delivers vitamins and antioxidants such as Vitamins C, E, and Riboflavin (B2). Choose to use them separately or combine their superpowers to complement your life and keep your health on track.

Does It Works! Super Reds contain gluten?

It Works! Super Reds is formulated with only gluten-free ingredients. It is not currently tested to detect gluten that may or may not be introduced during the manufacturing process.

Is It Works! Super Reds vegan?

Yes, It Works! Super Reds is vegan. It's also non-GMO, keto-friendly, soy-free, and contains no artificial colours or flavours.

Can I give It Works! Super Reds to my children?

It Works! Super Reds is recommended only for adults ages 18 years and older.

Can I use It Works! Super Reds if I am pregnant, nursing, or have ongoing medical conditions?

It Works! Super Reds is not recommended for children, adolescents, or pregnant or breastfeeding women. We suggest you consult your physician prior to using any new product if you are taking medication or have ongoing medical conditions.